

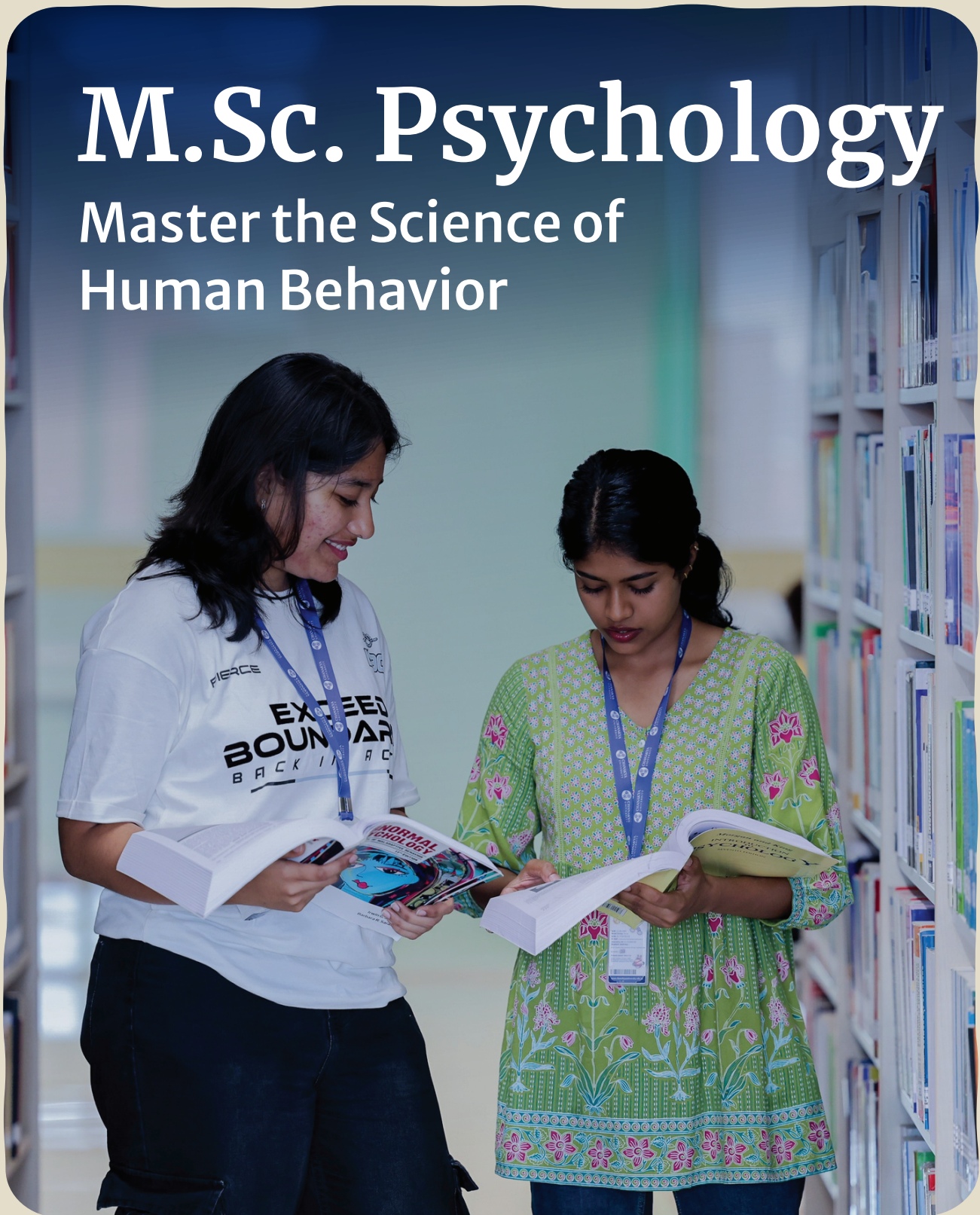


CHANAKYA
UNIVERSITY
Rooted in ideals • Ascending with ideas

School of
**Arts, Humanities
and Social Sciences**

M.Sc. Psychology

Master the Science of Human Behavior



Dean's Note

Dr. Sandeep Nair

Professor & Dean,
School of Arts, Humanities
and Social Sciences



‘The Science of Society is the foundation for understanding the pursuit of truth through various domains of knowledge, expression and experience.’

The School of Arts, Humanities and Social Science comprises of programmes in Economics, Political Science and International Relations, Psychology and Social Work chosen to drive the vision of the University, as a collective social aspiration for global well-being. The Programmes guided by some of the finest academicians of contemporary world seeks to integrate a Multi and Transdisciplinary approach in applying Ethics, Compassion, Critical aptitude and Digital perspectives in learning the various domains for seeking solutions to global concerns and curating a new age profession for the knowledge era.

We at Chanakya, welcome you to experience the power of humanizing education and research through Technology to create a career as unique as your own Attitude, Aptitude and Aspiration.

Faculty Members

**Prof. H. S. Ashok**

Ph.D., Bangalore University, vHonorary
Professor at Centre of Education Social Sciences
Specialisation in Indian and Industrial
Psychology

**Dr. Vinayachandra Banavathy**

Director, Centre for IKS
Ph.D., Pondicherry University
Director Indica Yoga, Guest Faculty at
University of Ghent, Belgium
Specialisation in Indian Psychology and
Yoga

**Prof. Meena Hariharan**

Academic Advisor, Chanakya University
Specialises in Health Psychology, Behavioural
Cardiology, Stress and Coping Behaviour,
Resilience and Emotional Cognitive Behaviour
of Children

**Sri Ajay Chandra**

Assistant Professor of Psychology, School of
Arts, Humanities and Social Sciences
M.Sc., Bangalore University
Clinical, Mental Health Policy, Gifted and
Talented Education

**Dr. Shikha Soni**

Visiting Faculty
RCI-licensed Clinical Psychologist
M.Phil. in Clinical Psychology, Central Institute
of Psychiatry, Ranchi
Ph.D. in Psychology, Indian Institute of
Technology, Hyderabad

**Dr. Shubha Madhusudhan**

Visiting Faculty
Senior Clinical Psychologist
Fellowship in Cardiac rehabilitation
Specialises in psychoanalysis, family and
marital counselling, reproductive health and
mental health, and psychometric evaluation

**Dr. Nivedita Rajan**

Visiting Faculty
Sports and Performance Psychologist
Ph.D., Psychology
Jain (Deemed-to-be University)

**Dr. Sindhu D. M.**

Assistant Professor of Psychology, School of Arts,
Humanities and Social Sciences
Specialises in aggressive behaviour – specifically
bullying, relationships, clinical, and counseling
psychology

**Prof. Surendra Kumar Sia**

Visiting Faculty
Professor, Department of Psychology,
University of Delhi

**Dr. Sritha Sandon**

Associate Professor, School of Arts,
Humanities and Social Sciences



About the programme

Step into the future of psychology with our M.Sc. Psychology program—crafted for future leaders in mental health, and lifelong explorers. This program is not just about studying psychology; it's about applying it to real-world challenges, shaping careers in mental health, research, education, corporate psychology, and beyond.

What's in it for you?

- **Specialized Tracks:** Dive deep into clinical psychology, counseling psychology, workplace psychology, and health psychology; understanding the science behind mental and emotional well-being through evidence-driven approaches.
- **Hands-on Learning:** Move beyond theories with practical assessments, therapy techniques, and research projects that give you real-world exposure.
- **Innovation & Research:** Explore cutting-edge psychological studies, engage in supervised research, and develop solutions for today's complex mental health and behavioral challenges.
- **Future-Proof Skills:** Gain expertise in psychological assessments, therapeutic interventions, and ethical decision-making, preparing you for high-impact roles in healthcare, academia, social services, and policymaking.

Whether you're looking to become a **therapist, researcher, educator, or mental health advocate**, this program **empowers you to make a real difference** in the lives of individuals and communities.

Join us and take the next step in shaping the future of psychology and making a true impact!

Eligibility criteria

1. Academic Qualifications:

- A bachelor's degree in psychology or a related field (such as Social Sciences, Life Sciences, or Humanities) from a UGC recognized university.
- Minimum aggregate marks of 50–55% (varies by institution); some universities may have higher cutoffs.
- Candidates with a bachelor's degree in a non-psychology discipline may be required to complete bridge courses or have relevant coursework/experience.

2. Personal Interview and Statement of Purpose (SOP):

- Candidates are expected to submit a Statement of Purpose (SOP) prior to the interview.
- Interviews are conducted to assess a candidate's interest, aptitude, and alignment with the program.

3. Work Experience:

- While not mandatory, candidates with internships, fieldwork, or professional experience in psychology or related fields are preferred for M Sc Program.



Program Highlights

- **Specialized Tracks:** Focus on clinical psychology, counseling psychology, workplace psychology, and health psychology, mastering evidence-based approaches to mental and emotional well-being.
- **Hands-on Learning:** Apply psychological theories through practical assessments, therapy techniques, and real-world research projects for a comprehensive learning experience.
- **Innovation & Research:** Engage in cutting-edge studies, supervised research, and solution-driven projects, addressing modern mental health and behavioral challenges.
- **Future-Ready Skill Development:** Gain expertise in psychological assessments, therapeutic interventions, and ethical decision-making, preparing for impactful roles in healthcare, academia, corporate psychology, and policymaking.

Why Choose Chanakya University?

- **Global Education:** Join a diverse community of learners and teachers from around the world and gain a global perspective on public policy issues.
- **Research-Driven:** Our program emphasizes research-informed teaching, allowing you to develop critical analytical skills and contribute to cutting-edge policy solutions.

Career Pathways

- **Clinical Psychologist**
- **Counselling Psychologist**
- **Mental Health Counsellor**
- **School Counsellor**
- **Human Resource Professional**
- **Occupational Health Psychologist**
- **Public Mental Health Advisors**
- **Academia and Research**
- **Life Coaches and Mentors**

The Chanakya Edge:

Innovative & Future

Ready Curriculum: Stay ahead with a dynamic program that integrates the latest psychological research, emerging trends, and real-world applications.

Holistic Development & Career Focus

Develop a strong foundation in psychology with interdisciplinary learning, expert mentorship, and diverse career pathways in mental health, corporate sectors, and research

Experiential Learning Approach

Gain practical exposure through internships, research projects, and hands-on training, ensuring you are industry ready.

Collaboration

Learning from Experts

Engage with leading psychologists, academicians, and industry practitioners through guest lectures, workshops, and mentorship programs.



National and International Exposure

Engage with leading psychologists, academicians, and industry practitioners through guest lectures, workshops, and mentorship programs.



Real-World Application

Participate in joint research projects, internships, and knowledge exchange programs to bridge the gap between academia and professional practice.



The University's psychology programs exemplify excellence in education, with a robust curriculum, hands-on pedagogy, and a strong emphasis on health psychology and interdisciplinary learning. These programs not only equip students with the knowledge and skills to excel in their careers but also contribute meaningfully to society by addressing critical psychological and mental health challenges.

The Study of Human Behavior, where the Art of Understanding, the Science of Cognition and the Values of Empathy integrates into the theory of Human Mind.

Vision for Psychology

Interdisciplinary and Emerging Fields Integration

Innovative Teaching and Learning Methods

Robust Industry and Global Collaborations

Focus on Community Impact

Customized Student Development Plans

Course Matrix

Semester I

Introduction to Psychology

Advance fields of Psychology

Positive Psychology

Practical- I (Experiments & Self-discovery

Semester III

Theories of counselling

Health Psychology

Qualitative Research Methods

Internships

Semester II

Human Cognition and Personality

Psychological Disorders

Quantitative Research Methods

Practical- II

Semester IV

Counselling Skills

Therapeutic Interventions

Indian Psychology

Project Thesis

Student Engagements:

Internships & Field Visits:

Gain hands-on experience through industry internships and field visits to mental health institutions, research centers, and corporate settings.

Psychology Clubs & Activities:

Participate in student-led clubs, discussions, and workshops to explore psychological concepts beyond the classroom.

Academic Engagements:

Engage in seminars, conferences, and research projects with faculty and experts to deepen your understanding of psychology.

Interdisciplinary Learning:

Collaborate across disciplines like neuroscience, public policy, management, and humanities, gaining a well-rounded perspective on psychology's real-world applications.

The Art of Learning and Heart of Becoming

At Chanakya University, we equip students with the knowledge, skills, and competencies to achieve their aspirations through a distinctive 3-level approach:



Foundation Courses

Our Foundation Courses lay a strong academic base and provide transformative experiences, helping students:

- Master languages and communication skills.
- Explore India Orientation through Indian Knowledge Systems (IKS) and connect Indian wisdom to global solutions.
- Engage in Beyond Classroom Learning through experiential programmes that build practical skills and personal growth

Learning and Mentoring

Students learn from accomplished faculty across our six Schools of Academic Excellence, bringing decades of experience

- Academic Mentors for guidance toward academic success.
- Industry Mentors to shape career pathways and professional growth.



Career Progression

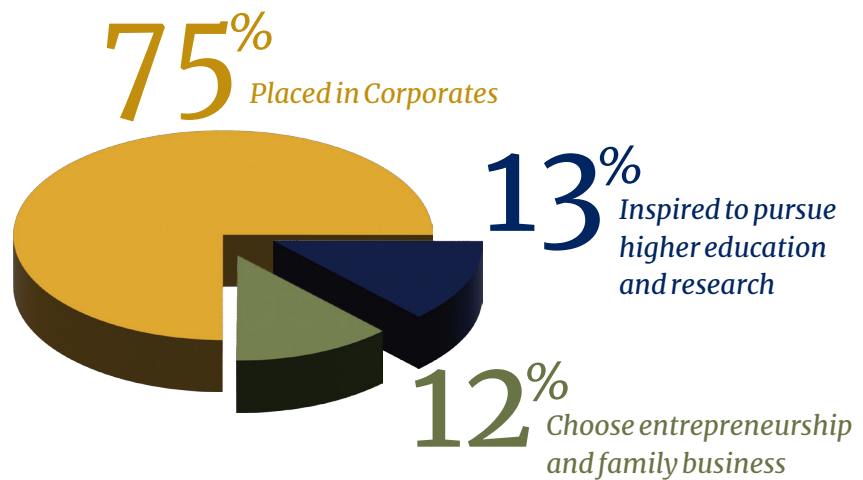
We prepare students for successful careers by aligning their passion, competence, and personality through:

- Personalized career guidance.
- Training for placements and corporate skills.
- Support to build strong professional profiles.
- At Chanakya University, every student's journey is one of transformation and achievement, emerging as confident leaders and global citizens.

Our Placement and Internship Partners

13 LPA
Highest Package

7 LPA
Average Package



TATA
CONSUMER
PRODUCTS



International Advisory Committee



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Biocon Limited



Prof. S. Sadagopan
Former Director
IIIT, Bangalore



Prof. Manjul Bhargava
Professor
Princeton University



Prof. Bhushan Patwardhan
Former Vice Chairman
University Grants Commission



Smt. Sonal Mansingh
Renowned Dance Artist
Member – Rajya Sabha



Sri Prakash Belawadi
Co-Founder
Centre for Film & Drama



Sri Ricky Kej
Indian Music Composer &
Environmentalist
3 times Grammy Award Winner



Sri Hari Kiran Vadlamani
Founder
Indic Academy



Prof. Sunaina Singh
Former Vice Chancellor
Nalanda University



Prof. Vasudha Kamat
Chairperson
Governing Board, CEC



Sri Harish Bijoor
Brand Guru & Founder
Harish Bijoor Consults Inc



Prof. Kapil Kapoor
Governing Body
IIAS Shimla



Sri Manish Sabharwal
Vice Chairman
Teamlease Services



Dr. Chandraprakash Dwivedi
Renowned Film Director
Member – IGNCA



Prof. Subhash Kak
Computer Scientist & Historian
Oklahoma University



Prof. Bhimaraya Metri
Director
IIM – Nagpur



Sri Anurag Behar
Chief Executive Officer
Azim Premji Foundation



Prof. Michel Danino
Visiting Professor
IIT, Gandhinagar



Sri S. V. Ranganath
Former Chief Secretary
Government of Karnataka



Sri Amish Tripathi
Author and Former Diplomat



Prof. Narendra Ahuja
Indian American Computer
Scientist



Justice Sharad Arvind Bobde
Former Chief Justice of India

Board of Governors



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Founder Chancellor
President, CESS



Sri M.P. Kumar
Founder Pro-Chancellor
Founder & Ex-CEO,
Global Edge



**Prof. Yashavantha
Dongre**
Vice-Chancellor
Chanakya University



**Justice A. V.
Chandrashekhara**
Former Judge
High Court of Karnataka



**Sri Kris
Gopalakrishnan**
Chairman Axilor Ventures
Co-founder Infosys



Sri Mohandas Pai
Chairman Aarin Capital



Dr. Sushant Joshi
Registrar
Chanakya University



Prof. L. Gomathi Devi
Vice-Chancellor
Maharani Cluster University



Prof. B. Mahadevan
Professor
IIM -B, Bangalore



Sri Nagaraj Reddy
Chief Operating Officer
Chanakya University



**Principal Secretary,
Department of Higher
Education, GoK**



Your pathway
to Chanakya Admission

Apply
Online

CUPP
(Chanakya University
Pravesha Pareeksha)

Personal
Interviews

Enroll

At a Glance 2024 - 25

Learner's Inclusivity



28 States
Students

1300+ Students

Academic Diversity



25 Programmes
Offered

200 Courses
to choose from

Infrastructure Development



116 Acres
of Campus

10 Lakh+ Sq.Ft
BUA Constructed

Knowledge Leadership



100+ Faculty
Members

65+ Domains
Experts

Transdisciplinary Initiatives



6 Schools
of Academics

5 Centres
of Excellence

2 Research
Chairs

Unparalleled Infrastructure



Classroom



Bioscience Lab



Student Residences



Hostel Room



Food Court



Basket Ball Court



Cricket Ground



Auditorium



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www.chanakyauniversity.edu.in

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